



I Am Father God's Happy Thought!

I AM LOVED BY MY FATHER...

- Jer. 31:3 Father loves me with an everlasting love. I have never not been loved by my Father.
- Jn. 3:16 Father loves me so much that He gave His only Son to die for me so I might know His love.
- Jn. 16:27 Father loves me so much He wants to express His love and affection to me.
- Rom.8:39 Nothing can separate me (not even my faults) from God's love for me.
- Jn. 17:23 Father loves me just as much as He loves His Son Jesus just because I love Jesus.
- Eph.2:4-6 Even when I have sinned, the Father loves me and asks me to sit beside Him with Christ.
- Eph.3:19 Father wants me overflowing in His love.

I AM PLEASING IN FATHER'S EYE...

- Ps.149:4 Even when I am wounded Father sees me as beautiful and takes pleasure in me.
- Jer.29:11 Father's thoughts toward me are always good and filled with hope for me.
- SS 1:15,16 He sees me as beautiful, handsome, and pleasant in His eyes.
- SS 4:10 My love for Him fills Him with ecstasy and joy
- Lk.15:31 Father is so pleased with me being His child that He will never leave me and He wants to meet all my needs.
- Jn.14:23 Father likes being with me so much that He made His home within me.

I HAVE PURPOSE IN MY FATHER...

- Mat.5:13 I am the salt and light of the earth.
- Acts 1:8 I am a witness of God to the world.
- 2Cor.5:18 I am a minister of reconciliation for God.
- 2Cor.5:20 I am God's ambassador to the world.
- Phil.4:13 I can do all things in Christ.

GOD IS NOT ASHAMED OF ME...

- Heb.2:11 Jesus is not ashamed of me.
- Heb.11:16 God is not ashamed to be my God.

GOD HAS FORGIVEN ME...

- Jer.31:34 He has forgiven my iniquity and remembers my sins no more.
- Mic.7:19 He has put all my sins under His feet and cast them into the depths of the sea.
- Col.1:14 God has redeemed me and forgiven all my sin.
- 1Jn.1:9 God forgives and cleanses me from all my sin.

I AM ACCEPTED BY MY FATHER...

- Jn. 1:12 I am called a child of God.
Jn.15:15 I am called Christ's friend.
Rom.5:1 In Christ it is just as if I had never sinned.
1Cor.6:19 I belong to the Father.
Eph. 1:5 I have been adopted by Father God.
Col.2:10 I am complete in Christ.

I AM SECURE IN MY FATHER...

- Rom.8:1,2 I am free forever from condemnation.
Rom.8:31 The Father is always for me, not against me.
Rom.8:35 Troubles do not separate me from God's love.
Col. 3:3 I am hidden with Christ in the Father.
2Tim.1:7 I am filled with power, love, and a sound mind.
Heb.4:16 I can find grace and mercy when I am hurting.
1Jn.4:18 His perfect love casts out all fear.
1Jn.5:18 The evil one has no right to touch me.
Is.66:12,13 Father wants to hold me when I'm afraid.

FATHER DOES NOT JUDGE ME...

- Jn.3:16-18 God did not send His Son to die for me so that I might be judged by Him. When I believe in Him, I am not judged.
Jn.5:22 The Father does not judge me.
Jn.12:47 When I hear Jesus' words and do not keep them, He does not judge me, for He came to save me, not to condemn me.

FALSE BELIEFS	GOD'S TRUTHS
FEAR OF FAILURE I must do it right all the time to feel good about myself.	God's love casts out all fear and I am completely forgiven in Christ.
FEAR OF REJECTION I must meet the expectations of primary people in my life to feel good about myself.	God's love has given me total acceptance so that I no longer need to fear rejection from Him.
GUILT When I fail I am unworthy of love and acceptance and deserve to be punished.	In Christ I am no longer condemned or judged — I no longer need to fear punishment.
SHAME I am embarrassed at my faults and failures. I am hopeless and cannot change	I am a new creation in Christ. I no longer need to experience shame over my past.
(Adapted from "Search For Significance")	

